

ABC Program



Adolescent Building Connections Program

Developed by Quantum, this program empowers adolescents with tools and strategies to:

Understand the impact of their actions on others

Nurture positive behaviour choices and personal growth

Cultivate and sustain healthy relationships

It's all about:



Healthy and respectful relationships



Resolving conflict peacefully



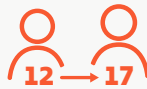
Managing big emotions



Consent



Gender equality



Young people aged 12 to 17 years

This community-based program offers group sessions tailored to single-gendered groups across Gippsland, including Latrobe, South Gippsland, Baw Baw and Wellington. Referrals are welcome from individuals or through specialist youth case management programs and school wellbeing teams.

Join us in building stronger, more connected communities together

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