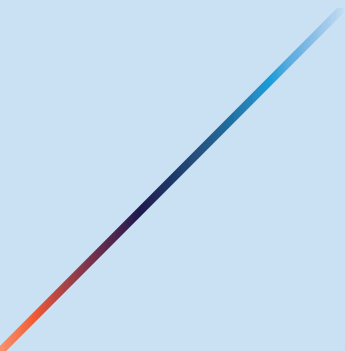


Finding Solutions





Finding Solutions
provides support to
young people and
their families from
across Gippsland.



Finding Solutions aims
to keep young people at
home with their families.



What is this program for?

Finding solutions is a creative support service that works with young people from 12-18 years and their families to build better relationships and include the use of mediation intervention, to resolve behaviours and/or issues that are placing family relationships at risk of breakdown.

Finding Solutions Staff can help you and your family work out how to:

Communicate in positive ways

Feel loved and valued

Understand each others point of view

Stay living together

Agree on reasonable rules and expectations

Reengage with education or training opportunities

Make healthy and safe choices with your life

Access specialist services

We can assist you with developing and working towards goals for your future.

To do this we can:

Provide one on one support to you and your parents/ carers

Hold family meetings & mediation sessions

Help you sort out issues that are affecting your relationships

Help your family understand how you feel and why

Link you into other community support services

Meet with your school and let them know how they can best support you

Help you find an alternative training program if school isn't working for you

Help you find somewhere to have a short break

Having a good relationship with your family is very important but sometimes the hardest thing to do.

Learning to sort out problems in your relationships and your life is tough, but the rewards are worth it.

Through talking, listening, understanding and making some compromises you can move toward having an adult relationship with your family.

These skills are things you can use in all areas of your life now and later on in adult relationships, in your work or career or as you build a family of your own.

Our office is in Morwell but we will come and meet with you in your community, where you live or some other place you feel comfortable.

Finding Solutions usually works with families for about 12-14 weeks but we stay involved for up to 24 weeks if needed.

Call 1800 243 255 for an assessment and further information on program dates and locations

We care for Gippslanders

For all information regarding our services and locations please don't hesitate to contact us on:

Morwell

227 Princes Drive

Sale

65 Macalister Street

Warragul

36 Williams Street

Bairnsdale

306 Main Street

Call 1800 243 455 **quantum.org.au**

Email: youth.intake@quantum.org.au



*Quantum Support Services
acknowledges the support of
the Victorian Government*

Quantum Support
Services is a Child
Safe Organisation

